

Lucy Seale - Artist CV

Website: <https://lcrseale.wixsite.com/lucyseale>

Pronouns: She / Her

Height: 169 cm / 5ft 6in

Hair: Brown, wavy

Eye colour: Hazel

Age Range: 16 - 28

Nationality: British, Australian

Ethnicity: Caucasian

Credits

Year	Company - Festival	Production	Role	Discipline
2025	Fearless Theatre Company	NOW (Dir. Marion Ardititi)	The First	Theatre
2025	Wildhouse Circus - Adelaide Fringe Festival - Gluttony	Fringe for Kids	Performer	Circus
2024	Women*s Circus	<i>Braver than a Beat</i> (Dir. Malia Walsh)	Performer	Circus
2024	Circus Oz - Melbourne Fringe Festival (MFF)	<i>HAVOC</i>	Performer	Circus
2024	Express Move ME - MFF	<i>Circus De Licious</i>	Performer	Circus
2024	La Mama	<i>La Mama Cabaretica - Too Darn Hot</i>	Performer	Circus
2024	The Titwitchenz - Melbourne International Comedy Festival (MICF)	<i>The Titwitchenz School of Titcraft and Boobery</i>	Performer	Circus
2023	Women*s Circus	<i>Pride and Possibilities</i> (Dir. Kate Fryer & Sal Frances)	Performer	Circus
2023	Theatre Works - MFF	<i>Presenting She Writes - Me/DEA</i> (Dir. Kei Murakami)	Chorus / Child	Physical Theatre / Butoh
2022	Women*s Circus	<i>Life As We Want it</i> (Dir. Kate Fryer)	Performer	Circus
2022	The Titwitchenz	<i>Business Boyz</i>	Director	Physical Comedy / Burlesque / Drag
2022	Gasworks Theatre - Queer Playwriting Award Showcase, Midsumma Festival (MF)	<i>That's Not Big Mac Sauce, That's Ectoplasm</i>	Director	Theatre (rehearsed reading)
2021	Malthouse	<i>Because the Night</i> (Dir. Matt Lutton)	Usher, Invigilator	Immersive Theatre
2021	Women*s Circus - MF	<i>Absolutely FEMMEulous</i>	Norma Jean / PJ	Circus
2020	Shakespearean Jeans	<i>How To Be a Good Person</i>	Performer / Co-deviser, Co-producer, Co-production Manager	Circus / Physical Theatre / Dance / Comedy / Musical Comedy
2020	Melbourne Theatre Company (MTC)	<i>SLAP. BANG. KISS.</i> Development (Dir. Prue Clark)	Directing Observer Attachment	Theatre / Physical Theatre
2020	Complete Works Theatre Company	<i>Much Ado About Nothing / Extinction / Macbeth / Romeo and Juliet / Australian Poetry</i> (Dir. Andrew Blackman)	Assistant Director	Theatre
2019	Shakespearean Jeans	<i>Her Hour Upon The Stage</i>	Writer, Director, Co-producer, Marketing Coordinator, Co-production Manager	Theatre
2019	MFF	<i>Blitz</i> (Dir. Ebony Rattle)	Lisa	Theatre
2019	University of Melbourne Student Union - Mudfest	<i>M E D U S A</i> (Dir. Ashleigh Morris)	Movement Director	Physical Theatre
2019	Juicy Comedy - MICF	<i>Two Wrongs Don't Make a Play, Right?</i>	Performer	Physical Comedy / Sketch Comedy

2019	Norbury Productions	<i>The Global Citizen</i> (Dir. Verity Norbury)	Anita	Theatre
2018	MUDCRABS - MICE	<i>Mudcrabs Go Wild!</i> (Dir. Matthew Schaffner)	Performer, Sketch Writer & Editor	Sketch Comedy
2018	Union House Theatre	<i>Ida</i> (Dir. Petra Kalive, Musical Dir. Ashlee Clapp)	Bella Guerin & Lecturer	Musical Theatre
2017	Shakespearean Jeans	<i>Medea</i>	Jason, Chorus	Theatre

Training and Education

2024 & 2025	Circus Oz - Skill Share Workshops - training program
2023 - 2025	Spin Circus - Spin Course: handstands, act creation, tumbling, aerial hoop, group acrobatics
2022 - Current	Circus Nexus: Advanced tumbling and open training
2017 - Current	Women's Circus: Range of circus classes and open training
2017 - 2020	Melbourne University Inline Skating Club (MUISC)
2017 - 2020	The University of Melbourne: Bachelor of Arts - Creative Writing and French English and Theatre Studies electives: <i>Shakespeare In Performance;</i> <i>The Theatre Experience</i> Victorian College of the Arts (VCA) electives: <i>Light In Performance;</i> <i>Dancing The Dance 2;</i> <i>Improvisation: Text, Space and Action;</i> <i>Dancing The Dance;</i> <i>The Actor's Process</i>
2017 - 2020	Union House Theatre (UHT) workshop series <i>Physical Comedy with Kimberley Twiner;</i> <i>Lighting For Theatre with Clynton Jones;</i> <i>Musical Theatre Writing with Ashlee Clap;</i> <i>Artist Wellbeing with Arts Centre Melbourne;</i> <i>Producing Skills with Xanthe Beesley;</i> <i>Choreography with Holly Durant;</i> <i>Directing with Justine Campbell</i>
2020	Sydney Dance Company: Jazz, ballet, contemporary, theatre jazz, hip-hop, lyrical, conditioning
2019 - 2020	BalletRADICAL: Ballet classes
2018	UHT <i>Writer In Residence</i> Program: Mentorship with playwright Mari Lourey
2018	Rawcus with Arts Centre Melbourne: Devising theatre with the disabled and able-bodied workshop
2018	Frantic Assembly with Arts Centre Melbourne: Physical Theatre workshop
2017	UHT Theatrical Direction mentorship with Artistic Director / Theatre Co-ordinator Petra Kalive

Skills

Music: *Bass Guitar* - Intermediate, *Alto Saxophone* - Intermediate, *Piano* - Intermediate, *Voice (alto)* - Beginner

Skating: *Inline skating, Quad Skating* - Advanced, *Ice skating* - Intermediate, *Freestyle* - Beginner

Circus: *Tumbling, static trapeze, dance trapeze* - Intermediate - Advanced

Chinese pole, group bike, table sliding, acrobatics, aerial cube, aerial sling & lyra - Intermediate

Dance: *Jazz, ballet, contemporary* - Intermediate

Sport: *Rock-climbing, surfing, netball, basketball, badminton, soccer, Aussie Rules Football* - Intermediate

Language: *French* - Advanced

Comedy: *Stand up, sketch, improvisation, physical comedy & interactive performance*

Accents: *Australian, French, London, RP, Scottish, American (general), American (Southern)*